

# Mustique

## Health Advisory Sept 2020

As yet we have had no cases of [Covid-19](#) on Mustique. We do require that persons coming to Mustique have a negative PCR test done at least 7 days before arrival and the result must be sent to the Company for pre-arrival approval to land. We can also perform both PCR Antigen Swab test and Blood Antibody tests on the Island. We have established a “Bubble” resort status within St Vincent which allows us some autonomy. However it does require and allow us to put in measures, if deemed necessary, to maintain our preferred status. Once on the Island there is no need to wear facemasks or gloves and people are able to meet in groups and enjoy the surroundings as per normal.

There have been occasional instances of [tropical diseases](#) in the region, although rarely on Mustique. As these are largely contracted from mosquitoes it is advisable that as a precautionary measure guests use insect repellent and sleep under a mosquito net at night.

### [Zika Virus](#)

There have been no cases since 2016.

### [Dengue Fever](#)

Dengue is a viral infection spread by mosquitoes. Dengue is endemic in the Caribbean especially in the wet season. St Vincent and Barbados do occasionally get an epidemic of Dengue. Mustique has been more fortunate and we have not had an outbreak for at least ten years. However we shall not become complacent as it can be a serious illness.

### [Ciguatera](#)

‘Ciguatera’ is a form of food poisoning. The illness initially presents with a severe attack of vomiting and diarrhoea and is accompanied by symptoms ranging from itching, burning and nerve pain. Other symptoms include feeling faint, tired and nauseated.

Large Barracuda fish are particularly renowned for having ‘Ciguatera’ and are never eaten in the Northern Caribbean. Now that there is evidence that the disease has reached the waters of the Windward Islands we have stopped serving Barracuda on island.

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