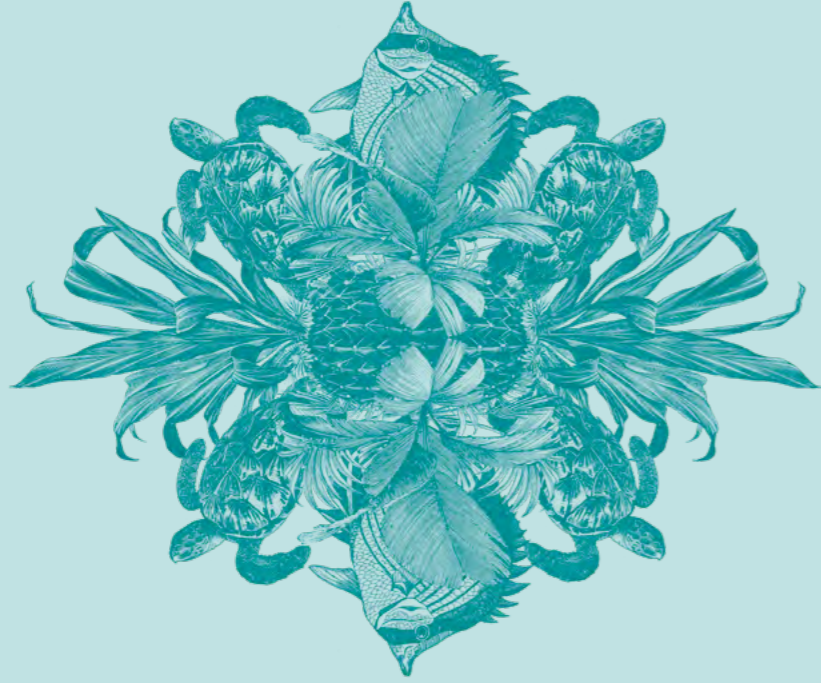


## ISLAND MAP



# MUSTIQUE

## Hiking & Walking Trails

The walking trails on Mustique are wonderfully varied. We recommend suitable footwear and plenty of water and sunscreen when hiking. Please be aware of the heat of the day and tell someone where you have gone. Take only pictures, leave only footprints.

### Moonscape & South Point

5.5 km – 1-2 hours (Advanced Hike)

Park and Start at Pasture Bay, Picnic Hut 2

A diverse and fascinating hike through Moonscape, an extraordinary and environmentally sensitive landscape; and a climb up to South Point for a moment of reflection and a chance to enjoy the far-reaching sea views.

Follow the shoreline from Picnic Hut 2 taking the path up through the trees. The trail runs parallel to the coastline through the windswept Secret and Black Sand Bays, with views across to the uninhabited rocky outcrops, Rabbit and Wilks islands. Continue through the extraordinary lunar Moonscape, looking out for rare examples of Stove Pipe and Turks Cap cacti, before climbing up to South Point to enjoy the spectacular sea views. Continue around the point down on to Obsidian Bay where the trail takes you inland to meet the road. Turn right and continue along the road until you meet a dirt track on the right-hand side, heralded by a dirt parking area (before the road meets a T-junction). Take the downhill path towards the sea and you will arrive back on to the beach at your starting point on Pasture Bay.

### Windward Beaches

3 km – 1 hours (Moderate Hike)

Park and Start at Macaroni Beach

An exhilarating shoreline walk along the island's windward beaches. Take care of slippery wet rocks during high tide.

Starting on Macaroni Beach take the rocky pathway from the southern end of the beach across Simplicity Beach and over the rocks to the windswept beaches of Pasture Bay. Head inland behind the second picnic hut and pick up the shaded trail running through the bushes.

right, there is a short detour trail to the left taking you down over the rocks to the shoreline.

Return to the main trail and keeping the sea on your left, continue until you meet a fork in the track. Please observe the private sign, and take the left hand fork until this meets another track, where again you turn left. Continue inland until you meet a concrete road and turn left to meet the main road by Sleeping Dragon. Turn right down the road, passing behind the Horse Sanctuary and the Permaculture Nursery, and finally right again leading back to your starting point at Rutland Bay.

A short additional walk to compliment the figure of eight starts at the end of the airport road, at the parking area by the track that leads down to the Permaculture Garden and Rutland Bay.

Turning left, walk through the grasses towards the trees that run parallel to the end of the runway, and take the footpath on the right. This will lead you onto higher ground with views across Rutland valley, before dropping down to Rutland Bay.

### Bird Sanctuary

3.5 km – 40 mins (Family Walk)

Park and Start at the Bamboo Church

A gentle stroll through the Bird Sanctuary.

Starting outside the Bamboo Church by the landmark Baobab tree, walk around the head of the airstrip towards The Cotton House, taking the first right before the hotel passing the Sweetie Pie Bakery. Keeping the Bird Sanctuary on your right, turn right at the next roundabout and continue over the little wooden bridge. (At this point it is possible to side-hike to the beach at L'Ansecoy.) Home to the island's prolific indigenous and migratory birdlife, look out for the Pied-billed Grebe, Yellow Warblers and various species of heron during your walk. Follow the road to the next roundabout and continue circumnavigating the airstrip back to your starting point.

### Old Plantation

2 km – 20-30 mins (Family Walk)

Park and Start at Old Plantation Beach

A gentle shoreside walk around the Lagoon.

Start south of Britannia Bay on Plantation Beach and head along the shore to Lagoon Bay. When you reach the track and the Nature Trail sign turn inland and follow the trail around the lagoon, looping back to your starting point. Informative Nature Trail signs illustrate native flora and fauna, and early evening guests can spot the Night Heron feeding, and the elusive land crabs emerging from their burrows.

### Horse Sanctuary Trail

1650m – 20 mins (Family Walk)

Park and Start at the top of Rutland Bay

Head down towards the bay turning right towards the steep steps and right again just before the steps, walking around the pond and on to the sanctuary trail. The trail is clearly marked and will take you around the back of the horse sanctuary, eventually reaching the road. Turn right and right again at the next junction taking you up and over the hill, finishing with the entrance to Rutland on your right.

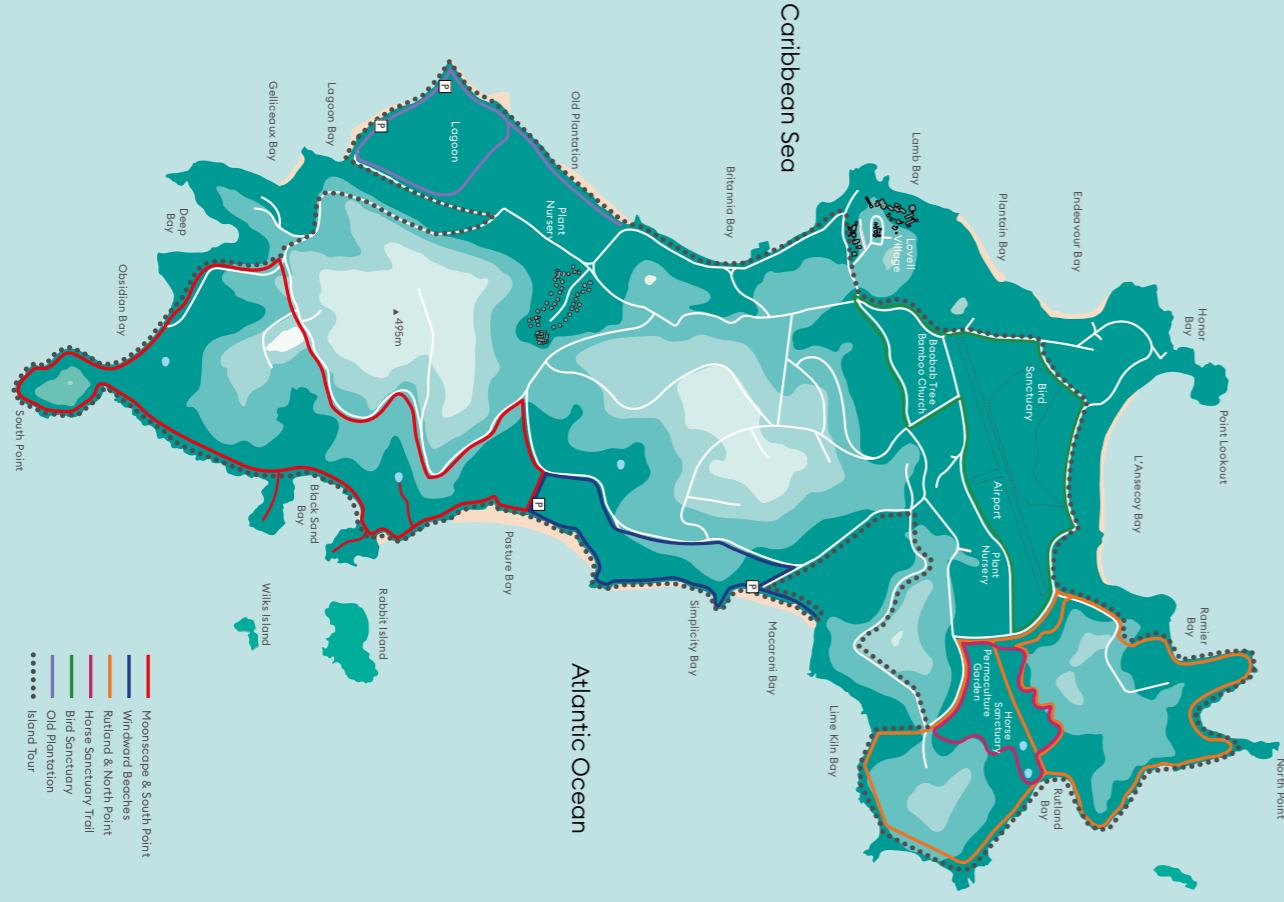
### Island Tour

15.8 km – 4.5 hours (Advanced Walk)

Park and Start where you wish.

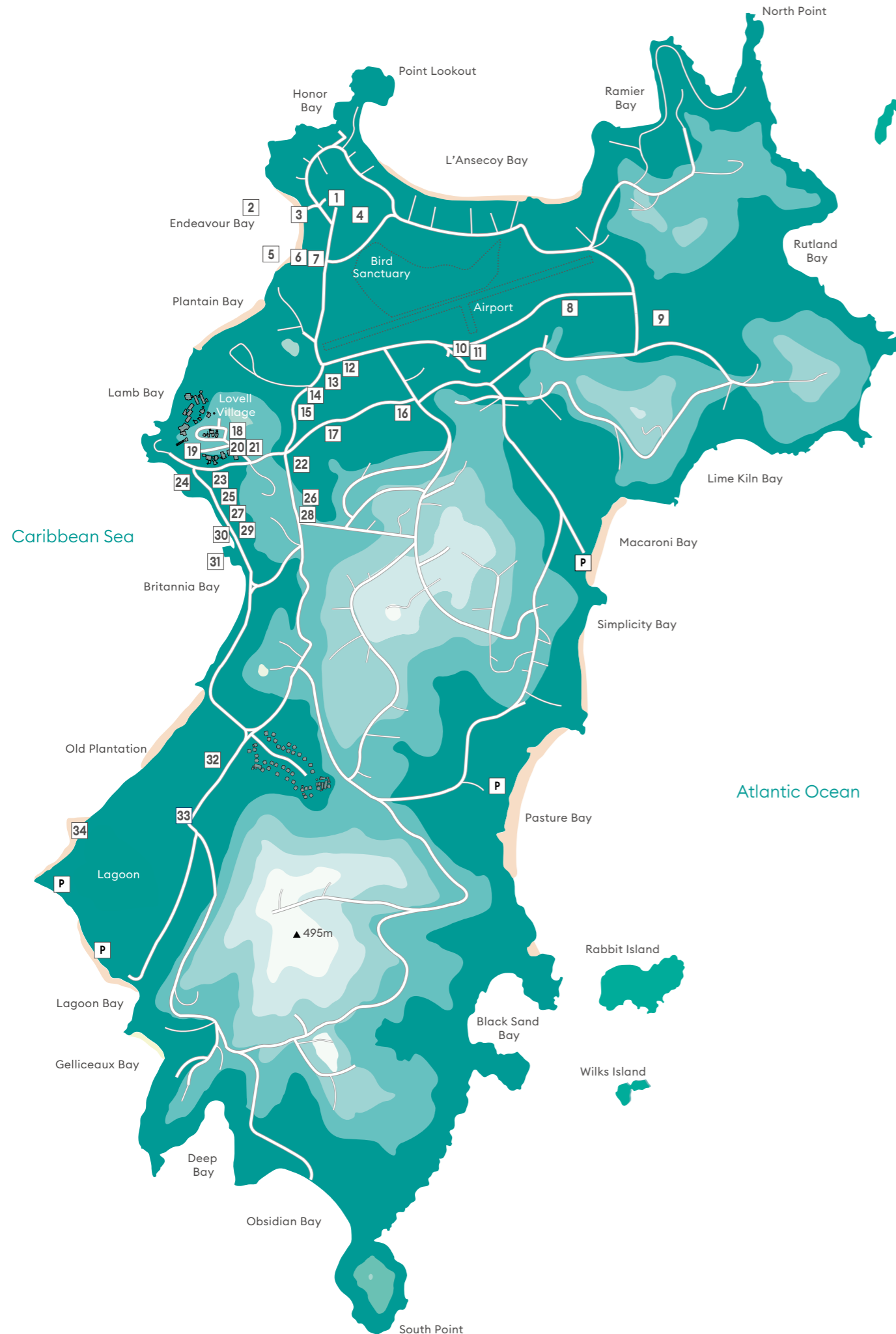
For those seeking a challenge, experience the fascinating and varied aspects of Mustique and circumnavigate the island.

This grand tour can be started at any point of the island following the trail illustrated on the map. Where marked the trail may not yet be established and a small inland deviation may be necessary.



- Moonscape & South Point
- Windward Beaches
- Rutland & North Point
- Horse Sanctuary Trail
- Bird Sanctuary
- Old Plantation
- Island Tour

# WELCOME TO MUSTIQUE



## POINTS OF INTEREST

Bamboo Church	12
Basil's Bar & Restaurant	30
Beach Café	6
Coral Restoration Nursery	2
Corea's Food Store	23
The Cotton House, Veranda	
Restaurant & Great Room Bar	4
Depot	28
Doctor/Clinic	10
Equestrian Centre	16
Fish Market/Fishermen's Village	24
Garden Nursery	8
Jetty/Harbourmaster	31
Library (Internet Service)	15
Mechanical Services (MMS)	26
MIPA Store	20
Mustique Company Office - Administration, Villa Rentals & Property Sales	11

Mustique Museum	1
Old Plantation Nursery	32
Petrol Station	22
Permaculture Garden	9
Pink House	25
Playground	13
Police Station	18
School	14
Snorkelling	5
Spa & Gym at The Cotton House	7
Sugar Mill Ruins	33
Sweetie Pie Bakery	27
Purple House Boutique	29
Tennis Club	17
The View (Lisa's Bar)	19
Village Church	21
Watersports & Endeavour Beach	3
Yoga Pavilion	34

## KEY PHONE NUMBERS

Emergency	8111
Operator	8000
Villa Services	8424
Medical Clinic	8353
Island Security	8845
Activities	8378
Conservation	8839
Travel Desk	8685
Childcare	8424
Basil's Bar	8350
Cotton House	8215
Veranda	8697
Beach Café	8741
Tennis Club	8315
Equestrian Centre	8316
Corea's Food Store	8634
Watersports	8486
Spa	8754

## ISLAND CONSERVATION

### “Take nothing but pictures, leave nothing but footprints”

The Mustique Company is working hard to preserve the island's natural beauty and to minimise the environmental impact on Mustique. Please join us in the stewardship of our island and help us protect this delicate ecosystem.

As a visitor we ask you to respect the following guidelines\* :-

- The Mustique conservation area encompasses the island and surrounding waters 1000 yards from shore. This is a no-take, no touch zone – all animals; fish, birds, reptiles, trees, plants and corals are protected.
- Water on Mustique is produced by desalination plants, which are partly powered by solar energy. Please conserve water where possible.
- Mustique has the capability to generate over 50% of its energy needs from solar panels. As we shift our dependence from fossil fuels to renewable energy, we ask that you conserve energy when possible.
- Please use trash bins provided around the island, and sort items where possible for recycling.
- The Turtle Project – Mustique, in accordance with WIDECAS, protects and monitors sea turtles both on and offshore. Onshore, sea turtle nesting occurs between March and October every year. Offshore, sea turtles spend time grazing through sea grass beds and along coral reefs throughout the year. Please respect the turtles on and around Mustique by not approaching or touching them. Please observe the harbour speed limit of 2 knots to protect sea turtles that may be on the surface of the water and swimmers observing marine life below.
- Discharge of waste water is not permitted in the marine conservation area to ensure clean water for our marine life. Boats are required to use holding tanks whilst visiting Mustique.
- Anchoring is prohibited around the island in order to protect our coral reefs and sea grass beds. Boats up to 60 ft. must use moorings provided, larger vessels must contact the moorings office on VHF 16/68 or 533-0216.

Thank you helping us to conserve Mustique.

*\*in accordance with the Mustique Company Limited Act 2002*