

MUSTIQUE

Health Advisory

There have been occasional instances of tropical diseases in the region, although rarely on Mustique. As these are largely contracted from mosquitoes it is advisable that as a precautionary measure guests use insect repellent and sleep under a mosquito net at night.

Zika Virus

There have been no instances of Zika on Mustique. ZIKV is a dengue-like virus that is transmitted by Aedes mosquitoes. The infection often occurs without symptoms but can cause an illness similar to dengue. The condition is usually mild and short-lived; severe disease is uncommon but it can affect pregnant women or women who are considering becoming pregnant and anybody with severe chronic illness or immune system disorders.

Chikungunya

Chikungunya is a viral condition transmitted to humans by infected mosquitoes. It causes fever and occasional joint pain for a few days, without causing any lasting symptoms.

Dengue Fever

Dengue is a viral infection spread by mosquitoes. In most people the infection is mild and passes in about a week without causing any lasting problems. Symptoms include fever and headache, and muscle and joint pain.

Ciguatera

'Ciguatera' is a form of food poisoning. The illness initially presents with a severe attack of vomiting and diarrhoea and is accompanied by symptoms ranging from itching, burning and nerve pain. Other symptoms include feeling faint, tired and nauseated.

Large Barracuda fish are particularly renowned for having 'Ciguatera' and are never eaten in the Northern Caribbean. Now that there is evidence that the disease has reached the waters of the Windward Islands we have stopped serving Barracuda on island.

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